

Georgetown University

Center for Trauma and the Community

Project Descriptions

The Montgomery Cares Behavioral Health pilot (PCC and GTU Project)

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The overall goal of MC is to provide culturally-sensitive behavioral health services to low-income patients in the primary care setting, including routine screening and treatment for depression, PTSD, generalized anxiety disorder, panic disorder, and substance abuse disorder. Services are provided via an evidence-based model of collaborative care for the treatment of mental disorders in the primary care setting in two PCC Community HealthLink clinics, and include pharmacological intervention managed by evidence-based treatment algorithms and cognitive-behavioral therapy. The special needs of each patient are coordinated and followed up by a nurse case manager, in consultation with the primary care team in each clinic. The program is evaluated for clinical, process, and economic outcomes, and outreach and education are provided to all patients.