

Georgetown University

Center for Trauma and the Community

Table of contents

	page
1. Center Description	3
2. Project Descriptions	5
3. Partner List and Descriptions	7
4. Contact Information	9

Georgetown Center for Trauma and the Community

The **CTC** is an interdisciplinary center housed in the Department of Psychiatry. Our goal is to develop culturally appropriate, innovative, and sustainable interventions to address trauma-related mental health needs of low-income and minority populations seen in safety net primary care settings in the Washington DC area. Academic partners include Georgetown’s School of Nursing and Health Studies, and its Departments of Family Medicine, with research and/or training relationships with Physiology & Biophysics, Neurology, Pediatrics, and Medicine. The Center provides coordinated research training and mentoring, and maintains ongoing community partnerships to inform its direction and to implement collaborative research activities.

To increase the adoption and sustainability of these interventions, trauma-related intervention research is conceptualized and developed in close collaboration with four community partners:

- The Department of Health (Division of Maternal and Child Health), Prince George’s County, MD
- Greater Baden Medical Services, Inc., Prince George’s County, MD
- The Primary Care Coalition in Montgomery County, MD
- Unity Health Care, Inc. in the District of Columbia.

The Center’s work is conducted through three cores providing administrative oversight, statistical support, and access to expert advisory groups; innovative methods/research designs integrating perspectives from applied anthropology and public health; and expertise and support for the development of promising research. The working partnerships and infrastructure capability fostered through the Center provide support to develop comprehensive trauma intervention models that can be translated to settings serving low-income individuals in the Washington DC area, and elsewhere.

Three *research studies* are formally part of this Center. Study 1 - *Establishing Ethnographic Grounding of Interventions for Trauma-Related Problems: Community and Sociocultural Context* describes the organization of primary care for the underserved, the clinical context of care, and characteristics of the population treated in the three jurisdictions of our community partners through three qualitative research projects that explore three levels of context (institutional/administrative, clinical/provider, individual/patient) across our three primary jurisdictions (completed). Study 2 - *Recruitment and Retention of Low-income African American Women in a Treatment Outcome Study*, examines various strategies of recruitment and retention for low-income minority women (underway). Study 3 - *Effectiveness Trial of a Group Intervention for Interpersonal Trauma*, will develop a modular repeating psycho-education, coping skills, and relationship enhancement group intervention (planned).

We work with the **Center for Mental Health Outreach** in the Department of Psychiatry, which was established to improve the mental health of underserved children, adults, and families in the Greater Washington DC area through education, public awareness, direct clinical care, and collaboration with social service providers. Training, education, and program evaluation, in addition to their connection with the CTC, further strengthen the Center’s capacity to serve as a mental health resource for the community.

The Montgomery Cares Behavioral Health pilot (PCC and GTU Project)

Partners: Steve Galen; Bonnie Green PhD; Stacey Kaltman PhD

The overall goal of MC is to provide culturally-sensitive behavioral health services to low-income patients in the primary care setting, including routine screening and treatment for depression, PTSD, generalized anxiety disorder, panic disorder, and substance abuse disorder. Services are provided via an evidence-based model of collaborative care for the treatment of mental disorders in the primary care setting in two PCC Community HealthLink clinics, and include pharmacological intervention managed by evidence-based treatment algorithms and cognitive-behavioral therapy. The special needs of each patient are coordinated and followed up by a nurse case manager, in consultation with the primary care team in each clinic. The program is evaluated for clinical, process, and economic outcomes, and outreach and education are provided to all patients.

Community Partners

Primary Care Coalition of Montgomery County, MD. Montgomery County is the largest jurisdiction in Maryland, and it has the largest concentration of Latinos in the greater DC area and the largest minority population in the state of Maryland. The minority population is approximately 12% Latino (mostly from Central and South America), 12% Asian and Pacific Islanders, and 12% African American. Almost 25% of public school children qualify to receive free or reduced meals, and these same children speak more than 150 different languages. There are an estimated 80,000 adults in the county without health insurance, many of whom experience psychosocial stressors associated with poverty, language deficiencies, immigration, and social isolation. Many immigrants originate from war-torn countries. The Primary Care Coalition of Montgomery County, Inc. was established in 1993 to provide access to high quality, culturally sensitive, primary and specialty care services for low-income uninsured children and adults in Montgomery County.

In 2001, the Montgomery County Council committed to funding a "system of primary care" through the Primary Care Coalition. In December 2004, the Montgomery County Executive and County Council announced long-term support for *Montgomery Cares*, a Coalition program to expand access to care to 40,000 presently uninsured people through a network of community clinics. Demonstration projects in dental health, and in mental health (in collaboration with Georgetown University), have been funded and are being mounted.

Greater Baden Medical Services Inc. Greater Baden is a federally qualified 501(c)(3) healthcare system that was founded in 1972. The system serves communities in southern Prince George's County, Charles County, and St. Mary's County Maryland through 5 clinics that provide primary health services and facilitate health promotion/disease prevention activities, regardless of ability to pay, and serves as the safety net provider for Southern Maryland. Approximately 60% are uninsured, 30% have Medicare/Medicaid, and only 8% have private insurance. The patients served are 66% African American, 21% White, 10% Latino, and 3% other. GBMS is a member of the Bureau of Primary Care's Health Disparities Collaborative, and uses the Chronic Care Model as an operational framework.

Unity Health Care, Inc., Washington, DC, is the largest private organization providing primary medical care to low-income, uninsured District of Columbia residents. A 501(c)(3), private, nonprofit agency, Unity operates health centers established under Section 330(h) Stewart B. McKinney Homeless Assistance and 330(e) of the US Public Health Services Act, and provides high quality and culturally responsible primary health care to the city's indigent, uninsured, and underserved. Fifty seven percent of Unity's patients were uninsured, with the rest covered by Medicaid (7%), Medicare (4%), other public insurance (30%), and private insurance (1%). Seventy-four percent of Unity clients were Black, 21% Hispanic, 1% Asian, 1% white, and 3% unknown. Unity has many longstanding relationships with the District's academic health centers, and helps to train medical students, nursing students, physician assistants, and medical residents.

Prince George's Health Department, MD - Within the Division of Maternal and Child health, services include such services as clinics for immunizations, maternity care for the uninsured, family planning, and dentistry for pregnant women and children; home visiting and perinatal

case management; WIC; the Health Teens Center program, which provides comprehensive wellness programs including family planning services to teens; and Healthline, a 1-800 line for information and referral for pregnant women and children who are in need of health care services. The County's population is best characterized by its cultural and ethnic diversity, with African Americans making up approximately 56 percent of the population, Whites account for 34.4% and Hispanics 4.9%. The remaining populations are a mix of Asians/Pacific Islanders, Africans, Haitians other Caribbeans, South Americans and others.

Contact Information

Georgetown University
Department of Psychiatry
Kober-Cogan Building–Fifth Floor
Georgetown University Hospital
3800 Reservoir Road, N.W.
Washington, D.C. 20007
General Info: 202-687-8609
Fax: 202-687-6658

Joyce Y Chung, M.D.
Chair, Community Liaison Team
Clinical Associate Professor
Department of Psychiatry
Georgetown University Medical Center
Phone: 202 687-4928
Fax: 202 687-0694
chungjy@georgetown.edu

Mary Ann Dutton, Ph.D.
Associate Director
Chair, Research Core Group
Professor
Department of Psychiatry
Georgetown University Medical Center
Phone: 202 687-1997
Fax: 202 687-0694
mad27@georgetown.edu

Lori Frank, PhD
Chair, Mental Health Outcomes Team
Senior Research Scientist
The MEDTAP Institute at UBC
Phone: 301 986 6762
Fax: 301 654 9864
lori.frank@unitedbiosource.com

Steven M. Galen
Executive Director
Primary Care Coalition of Montgomery
County
Phone: 301 628-3410
Fax: 301 608-2384
steve_galen@primarycarecoalition.org

Bonnie L. Green, PhD
Director
Professor & Director of Research
Department of Psychiatry
Georgetown University Medical Center
Phone: 202-687-6529
Fax: 202-687-0694
bgreen01@georgetown.edu

Stacey Kaltman, PhD
Assistant Director
Chair, Dissemination Team
Assistant Professor
Department of Psychiatry
Georgetown University Medical Center
Phone: 202 687-6571
Fax: 202 687-0694
sk279@georgetown.edu

Robert Keisling, M.D.
Psychiatric Consultant
Associate Medical Director for Mental
Health
Psychiatrist
Unity Health Care, Inc.
Upper Cardoza Health Center
Phone: 202 518-2385
Fax: 202 745-5907
rkeisling@unityhealthcare.org

Janice Krupnick
Professor of Psychiatry
Psychiatry, Research Division
Phone: 202-687-1496
krupnicj@georgetown.edu

Sarah Leonhard, MD, JD
Executive Director
Greater Baden Medical Services
Phone: 301 599-0460
Fax: 301 599-0463
slgbms@aol.com

Michelle Markey, M.A., M.T.S.

Community-Based Strategy Specialist

Primary Care Coalition

8757 Georgia Ave, 10th floor

Silver Spring, MD 20910

Phone: 301-628-3435

Fax: 301-608-2384

Michelle_Markey@primarycarecoalition.org

Dennis A. Revicki, Ph.D.

Chair, Mental Health Economics Team

Director, Center for Health Outcomes
research

The MEDTAP Institute at UBC

Phone: 301-654-9729

Fax: 301-654-9864

Dennis.Revicki@unitedbiosource.com

Tiffany Townsend

Community Liaison Team

Department of Psychiatry

Georgetown University Medical Center

Fax: 202 687-0694

tt237@georgetown.edu

Maria Triantis

Director, Center for Health Improvement

Primary Care Coalition of Montgomery
County

maria_triantis@primarycarecoalition.org

Maria Rosa Watson DDS, MS, DrPH.

Epidemiologist/Research Director

Primary Care Coalition of Montgomery
County, MD

mc.cbpr.team@gmail.com